



2021 排毒比賽

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KATHERINE WU EXPERIENCE SHARING

Every mother hopes that her child will grow up healthy, and Katherine is no exception. Katherine is a full-time stay at home mother. Her daughter just turned one year old this year.

When Katherine's daughter was born, she was given antibiotics several times in a row, as doctors believed it was the best treatment for her fever. Unhealthy seeds were already sown in her baby's body from birth. When her child was less than two months old, she started to develop eczema. It started with rashes and newborn acne when she was less than a month old, and then became full blown eczema. Her skin was red and dry, and the eczema spread across her face, hands, feet, back, chest and mouth. It would never completely disappear, and sometimes her eczema outbreaks would even become watery, which is not normal for a newborn baby.

Katherine and her husband's family had no history of eczema and were completely taken by shock. They did not do any prior research or took any precautions when Katherine was pregnant. No matter how many times Katherine helped apply steroid creams on her baby, nothing seemed to work. Her daughter was constantly itchy and in pain. It was difficult for her to fall asleep and kept Katherine up all night. Katherine and her family spent more than HKD\$20,000 on ointment creams for their baby, but nothing was working successfully.

Although it has been heard that Chinese medicine is helpful, starting treatment on a newborn baby was too young. Some people even told Katherine that the whole body breaks out into rashes more severe-



ly after drinking Chinese medicine. Katherine did not dare put her baby through that risk, so she decided to see a western doctor and apply ointment.

Katherine would pay HKD\$3,000 for each consultation with the dermatologist, together with medicines and steroid creams. What was even worse, was the fact that the doctor told Katherine not to worry about her daughter's health, as the steroids of the ointment he prescribed were of the lowest grade.

However, after Katherine checked it out on her own, she found that the steroid grade of the ointment was actually not as low as the doctor made her to believe. Steroid creams ranged from levels 1 to 7 in terms of potency and percentage of steroids. The cream prescribed to her infant daughter was at a medium Level 4, keeping in mind that Katherine's daughter was only a 5 or 6-month-old infant at the time! Which meant that that her baby girl was absorbing high-levels of steroids every day for her weight and body size. This frightened Katherine.

Katherine has always been interested in nutrition and health products. She had heard that probiotics can help improve eczema. So, she started to try giving her daughter a probiotic drink from a certain brand, but unfortunately it was not effective. After reading the ingredient list of this probiotic drink, she found it strange how it was predominantly made up of sugar and milk.

When Katherine came across Organic



Vision, and got to know our probiotic supplement, that it contained 14 strains of good bacteria, without any fillers or additives, that made a huge impact on Katherine. She knew she had found the best probiotics supplement on the market for her baby!

In addition to "Prime Probiotics", Katherine also decided to give her daughter "Organic Vegan Omegas 3-6-9" and "Organic Aloe Vera Powder", which reduced her baby's rashes and redness in about a month's time.

By following OV's recommended clean and balanced diet, high in lean proteins and fresh vegetables, combined with our line of organic health products, the frequency of applying steroid creams can be greatly reduced. In time, you can completely stop applying these toxic creams on your child, and they can heal naturally from eczema! This is because eczema is actually an immune system problem, and it cannot be solved externally. Generally, most people think of it as simply a skin problem. So, babies and children with eczema are often prescribed steroid creams. However, that does not



solve the fundamental underlying issue—an imbalance in and an over-reactive immune system.

When her baby's eczema was at its most serious, Katherine not only received constant pressure from her mother-in-law, the stress and anxiety of taking care of her child, but she also had to bear the blame of her daughter's condition from her father, grandma and her own mother. Her family believed that it was Katherine's fault for not taking care of her body well enough during pregnancy that caused her daughter's illness. This made her very sad and guilty.

Now that her daughter is cured, Katherine feels so much happier and is much more relaxed. She does not need to spend every minute and second of the day worrying about her daughter. She is so grateful that her baby finally has normal soft baby skin!

Based on her own experience, Katherine realizes that health care products are

really indispensable, for both adults and children. This is because most remedies for illnesses actually stem from within. Katherine urges other mothers to learn more about health and nutrition, to learn to read ingredient lists and nutrition facts, as well as to take good care of themselves and their own health. This will help your children and other family members to prevent experiencing any debilitating diseases, as well as time and money!

The most important thing Katherine believes is not to delay. Children grow up fast and come in contact with the outside world. Very often, children suffer from low self-esteem because of eczema. Sometimes, social exclusion occurs and can leave deep emotional scars in children. Some mothers at school may not truly understand eczema, and believe that it is contagious, that their children will be affected. Therefore, preventing our children from being exposed to all of this is better than trying to fix the physical and mental effects of eczema later on in life!



2021 DETOX CHALLENGE

Every year just before summer, Organic Vision hosts a detox competition, and this year is no exception. This year's detox competition will be held in the month of June. It is also our 20th anniversary

! This year's rewards are definitely not to be missed. Want to know more? Don't miss out on the detox competition launch conference on May 29!

